

Client Consultation & Waiver Form for Sunless Tanning Treatment

Name _____ Email _____

Address: _____ Phone: (____) _____

Do you prefer we contact you via: Phone Text Email

*Male _____ Female _____ *All men MUST wear briefs or boxers unless there is a male employee available to spray. Please initial that you agree to these terms. _____

Have you ever used a self-tanner with a bronzer? Y / N

List products: _____

Have you ever had any skin reactions from a self-tanner? Y / N

Please describe _____

Have you ever been professionally sprayed with a sunless tanning solution? Y N

If yes, please circle. Magic Tan/Vera Spa Mystic Tan Professional Airbrush Tan Other

Do you have allergies? If so, are any related to Dihydroxyacetone (DHA)? Y N

Do you have any skin conditions that may be of concern? Y N

List _____

Do you have any respiratory illness that may be of concern? Y N (we always recommend asking your doctor before being sprayed)

List _____

Do you wear contact lenses? Y N (contact lenses should be removed before spraying)

Are you pregnant? Y N (we always recommend asking your doctor before being sprayed)

What skin type do you have? Please circle below:

1. Always burn never tan 2. Burn but still can achieve a tan 3. Tan easily & rarely burn

How often do you use a moisturizer? _____

Did you exfoliate your skin before your visit? _____

Do you have any lotions or creams on now? _____

I understand that I am responsible for all jewelry, clothing, and accessories I wear before & after my sunless tanning application or airbrush tan. I understand I do not hold anyone but myself responsible for any of these items. I assume responsibility for any kind of allergic reaction I might have to this formula. I understand that I am doing this sunless tanning treatment at my own risk. I have read all of the instructions about my Airbrush Tanning Treatment and understand completely. All information is accurate as far as I know.

Signature _____ Date _____

Thank you for taking the time to complete this form and please feel free to ask our skin care consultants any questions or express any concerns you may have to assure the best RESULTS for your skin type.

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Pre and Post Tanning Instructions

The Skin Studio

Before Tanning

- Wax 2 days before the tanning or shave the night before; Wax residue will block tanner absorption.
- Take a shower and exfoliate properly using a body brush or quality scrub. Removing any dead cells and body oils will help the sunless tanner penetrate your skin and give you the best results.
- Do not use deodorant (it will turn green!!!!), makeup, perfume or moisturizers prior to the tanning. Lotions can act as a barrier & prevent the solution from contacting your skin.
- You may tan in the garment of your choice or ladies may be sprayed nude. Bathing suits and underwear work well and Men are required to wear underwear, boxer shorts or a bathing suit.
- Wear loose-fitting dark-colored clothing and flip-flops because some of the bronzer can rub off on your clothing and shoes can cause your feet to perspire affecting the results.
- To avoid age spots, freckles, moles, etc. from getting darker, apply a cosmetic concealer over the spots or areas to block the solution and give an even appearance of color.

Immediately After Tanning

- Do not wash your hands for least 4 hours.
- Do not put on tight clothing for least 4 hours.
- Do not exercise (first day). Perspiring immediately after tanning alters the chemical reaction of the solution changing its color.
- Do not swim or immerse in water.
- Do not apply moisturizer.

Maintain and Prolong your tan

- Wait at least 8 hours before showering. **Recommend next day.** You may see color washing off the first time you shower, this is normal.
- Apply moisturizer after the shower and every day after your tanning session. This will help prolong your tan. Do not take long hot baths or showers.
- Chlorine from a pool or Jacuzzi can cause your tan to fade faster.
- Use **M.D. Bronze Self Tanner & Instant Bronzer** to maintain the color before your next visit.